

January 2024

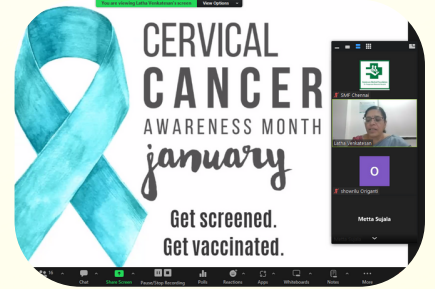
COMMUNITY SERVICE DEPARTMENT



**Medical Camp
@SDNBV College**



**Yoga Session
@ SAP School**



STEP Programme



**Medical Camp
@His/Her Place,T.Nagar**



Pongal Celebration@ IOG



**Give a Gift
@ KKSS,IOG & ICH**



**Nutrition Project @ ICH
& IOG**



**CAN NEST Home @
Egmore**



Art & Play therapy



MEDICAL CAMP

@ SDNB Vaishnav College,Chrompet

The Rotary Club of Madras, in association with the Sundaram Medical Foundation, Organised a Free Medical Camp on January 4th (Thursday), 2024 from 10am. to 2.30 p.m. at SDNB Vaishnav college for Women's, Chrompet

Checkup: CBG, HB, BP & General & Gynaec screening Tetanus vaccine were done

No. of Beneficiaries-202 Nos

We distributed medicine worth Rs. 3000/- to needy people.

PP. Rtn.Dr.Vijaya Bharathi Rangarajan, Rtn.Sehasai, Rtn.Nimish C Tolia visited the camp.

Thanks to all the Rotarians for dropping by to encourage the medical camp.

Medical Team:

Dr. Sujatha (General Medicine)

Dr.Uma(General medicine)

Dr.Atchimathi(Gynaecology)

Dr.Shivani (Gynaecology)

Ms.Uma Maheshwari & Ms.Varsha kumari(Nurse)

Mr. Karthikeyan (social worker)

Ms.Maya - (Social Worker)



MEDICAL CAMP

@ His/Her Place, T.Nagar

The Rotary Club of Madras, in association with the Sundaram Medical Foundation, Organised a Free Medical Camp on January 24, 2024 from 2.50 PM to 6.00PM at His/Her Place, T.Nagar, Chennai

Checkup: CBC,BP & General Screening were done .A total 102 beneficiaries access the service

We provided medicines valued at Rs.4300/- to individuals in need.

President.Rtn.Ravi.S, PP.Rtn.Dr.Vijaya Bharathi Rangarajan, Rtn.AVM.Balasubramaniam, Rtn.Bharath Pujara, Rtn.K.K.Raman, Rtn.Vipin Sachdev, Rtn.Rajesh Vummidi,Dr.Rama Narasimhan & Ms.Nidhi, visited the camp. We extend our heartfelt gratitude to all the Rotarians & others for their visit and support in uplifting the medical camp.

Medical Team:

Dr.Sujatha (General Medicine)

Dr.Jibin (Family Medicine)

Ms.Sridevi & Ms.Shantha kumari(Nurse)

Ms.Deepika (social worker)

Ms.Maya (Social Worker)



GIVE A GIFT

@ KKSS,Wavin, IOG & ICH,Egmore

On 12.01.2024 & 13.01.2024, Sundaram Medical Foundation's Community Service Department organized, "Give a Gift" as a way of showing gratitude for the deserved communities around us.

With regards to this, our Doctors and Staff collectively donated needed items worth Rs.1,05,000/- to Kalaiselvi Karunalaya (Orphanage & Old age Home), Wavin and Cancer Ward at Women & Children Govt. Hospitals,Egmore.



YOGA SESSION

The Community Service Department of SMF organized yoga sessions for children at SAP School, with focus on instructing younger individuals aged 10 to 16 years in the various aspects of yoga practices. A total of 64 children actively participated in these sessions. The session enhance the overall well-being of the students but also provide them with improved mental clarity, thereby positively impacting their educational pursuits.



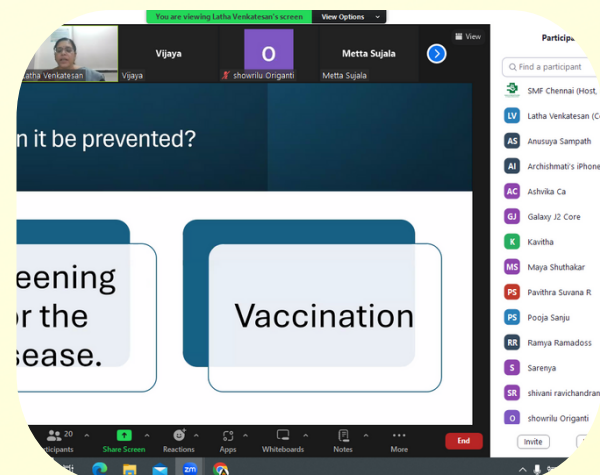
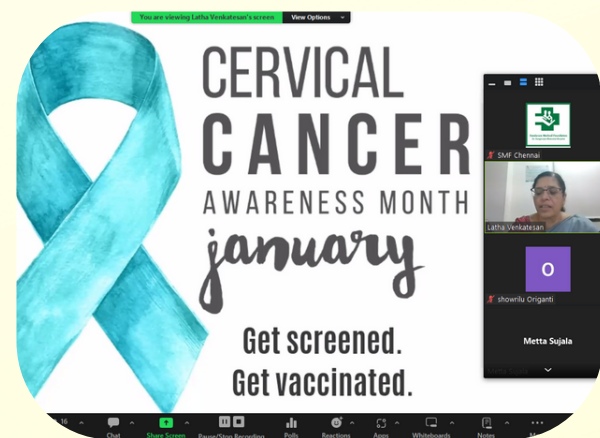
STEP PROGRAMME

A Support Therapy to Educate People (STEP) Program was arranged with the aim of addressing the subject "Learn, Screen & Prevent on Cervical Cancer" January 27, 2023, from 3.00 PM to 4.00 PM.

Dr.Latha.V (OBG Consultant), SMF, was the speaker of this awareness session & She was oriented about Cervical Cancer & its causes, Symptoms and Prevention. And also, She highlighted about the importance of HPV vaccine & other related vaccines.

Around 53 individuals participated in this program.

In this session, the speaker clarified the inquiries posed by the participants. Finally, the participants expressed their satisfaction with the session by providing positive feedback.



PLASTIC WASTE MANAGEMENT

The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team.

A total of 85 kg of plastic waste was collected in the month of January 2024.



REACH FOUNDATION

Global tuberculosis report 2023				
VISION	A WORLD FREE OF TB — zero deaths, disease and suffering due to TB			
GOAL	END THE GLOBAL TB EPIDEMIC			
INDICATORS	MILESTONES		TARGETS	
	2020	2025	2030	2035
Percentage reduction in the absolute number of TB deaths ¹ (compared with 2015 baseline)	35%	75%	90%	95%
Percentage reduction in the TB incidence rate (compared with 2015 baseline)	20%	50%	80%	90%
Percentage of TB-affected households facing catastrophic total costs due to TB ² (level in 2015 unknown)	0%	0%	0%	0%
PRINCIPLES 1. Government stewardship and accountability, with monitoring and evaluation 2. Strong coalition with civil society organizations and communities 3. Protection and promotion of human rights, ethics and equity 4. Adaptation of the strategy and targets at country level, with global collaboration				



For the month of January 2024,
22 people have utilized the Tuberculosis Intervention Services.



PONGAL CELEBRATION

@ IOG, Egmore



CANSTOP celebrated Pongal Festival on January 11, 2024, from 2 p.m. to 5 p.m. at the Institute of Obstetrics and Gynaecology, Egmore. The patients participated in various competitions, such as Pongal making, pot breaking, and Rangoli, and also enjoyed the traditional dances (Mayilattam, Oyilattam & Thappattam). We have provided gifts (sarees) to all the patients in the Cancer ward and prizes for the winners.

Dr. Vijaya Bharathi Rangarajan (Founder- CANSTOP & Trustee and Director SMF), Dr. Kalaivani, Director, IOG, and her team also joined in this celebration.

We sincerely thank our sponsors, Mrs. Sudha Indirabai, Mr. Raghuraman, Mrs. Rajani, Ms. Aadhini & Mrs. Selvam for sponsoring sarees. We extend our thanks to Canstop Volunteers who have joined in the event.

Traditional dance: Dr. Kaleshwar Team.

The celebration concludes with immense happiness and heartfelt gratitude from the patients.

Together We Can Make a Difference !



NUTRITION PROJECT

CANSTOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG), and the Institute of Child Health and Hospital (ICH) regularly to boost their nutrition and provide regular counseling for the patients.

Tender coconuts worth Rs.11850 were distributed at IOG.

A Pediasure worth Rs. 4280 was distributed at ICH.



ART & PLAY THERAPY

Regular sessions of Art and Play therapy were conducted for pediatric cancer patients and their family members at the Institute of Child Health. These sessions encompassed the facilitation of diverse art and craft activities, as well as enjoyable games, with the aim of ensuring their active involvement and entertainment during their stay in the hematology ward.



CANNEST HOME

In the month of January 2024, a total of 300 families stayed at CANNEST Home, where the children in the home were engaged through various activities and games with the help of volunteers and social workers.



HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily.

In the month of January 2023, a total of 5 families got help from the Hope Chest.



Sarees, Toys,
Bedsheets, Books,
Nighties, Pillows,
Petticoats, Tiffen Boxes,
Sandals, Kettles,
Slippers, Flasks,
Towels, Water bottles,
Toiletries, Kitchen utensils & appliances

Note: Make sure the items are in good condition

Join us and make your contributions to the cancer patients at Govt. Hospitals.



SPONSORSHIP DETAILS

Sponsorship details			
S.No	Sponsors	PROJECTS	AMOUNT
1	Mrs. Vijaya Mahendran	CANNEST	1000
2	Dayachand Malhotra	CANNEST	20000
3	Mrs.Indumathy Vasudevan	CANNEST	3000
Total			24000

CANNEST HOME INCOME & EXPENSE

Statement of Income and Expenditure			
Donation		Expenditure	
Particulars	Amount INR	Particulars	Amount INR
Mrs. Vijaya Mahendran	1000	Rent	50715
Dayachand Malhotra	20000	Matron Salary	13000
Mrs.Indumathy Vasudevan	3000	Vegetables	4490
		Water Can	985
		Cylinder	1975
		Provisions	13459
		Milk	1816
		Other expenses	200
Total	24000		86640



IN-KIND SPONSORS

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Mr. T. K. Srinivasan	Vegetables	4,000
2	Chennai Food Bank	Rice bag	3500
3	Ms.Latha.B	Rice bag	1500
4	Ms.Darshana	Provisions	8500
5	Usha Kumari	Sugar	200
Total			17700

VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

Volunteers-Mrs.Origanti, Mrs.Indhumathy, Mrs.Selvam

HELP LINE SERVICE

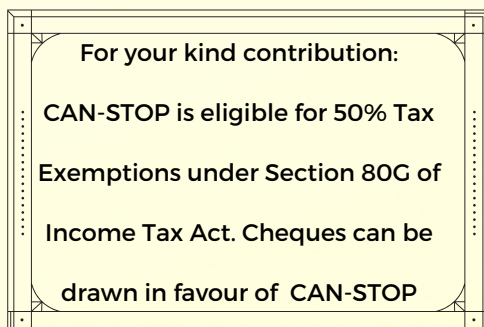
Totally 53 calls were received in the CAN-STOP Help line number.

32 calls for STEP Program.

3 calls for Counseling




3 calls for Blood request at Government Hospital.

15 calls for Cancer awareness Program



For more information contact us through:

044-26284256 / +91-9941007688

Connect with us through:   
www.canstop.org

